



Name: _____

V-number: _____

COURSES		Term	Grade	Credits
I. Core Courses (20 credits)				
EXS 588	Exercise Motivation and Adherence			4
EXS 590	Research Methods			4
EXS 698	Exercise Science Internship Credits 1-12			12
II. Elective Credits (12-16 credits)				
EXS 526	Sports and Exercise Nutrition			4
EXS 553	Pathophysiology & Exercise			4
EXS 555	Physical Activity & Aging			4
EXS 577	Advanced Programming for Sports & Fitness			4
EXS 584	Advanced Topics in Biomechanics			4
EXS 586	Advanced Topics in Motor Behavior			4
EXS 587	Advanced Topics in Exercise Physiology			4
EXS 589	Advanced Topics: Adapted Physical Activity			4
EXS 607	Seminar Credits 1-9			1-9
EXS 609	Practicum Credits 1-9			1-9
III. Interdisciplinary Graduate Credits (9-16 credits)				
IV. Exit Requirement *select one option from below				
A. Professional Project				
B. Thesis				
C. Professional Certification Exam (there is a cost associated with taking the exam)				

TOTAL QUARTER HOURS: **45-52**

Student's Signature: _____ Date: _____

Program Coordinator's Signature: _____ Date: _____

**Please keep a copy of this program plan for your records.*

PROGRAM PLAN PROCESSED BY GRADUATE STUDIES, NOTE MADE IN BANNER: _____

MASTER'S DEGREE COMPLETION DATE: _____

FINAL EVALUATION: